

# CHAMPLIN WEEKLY MENU

## Week of December 2– 8

**\*\*Chicken Sandwich: Every Day**

**\*\*Hamburger & Cheeseburger: Every Day**

**\*\*Pasta Station: Every Day**

<b>Monday - Friday:</b> Breakfast 7am - 10:30am Lunch 11am - 4pm Dinner 4:30pm - 7pm
<b>Saturday- Sunday:</b> Breakfast 9:30am - 10:30am Lunch 11am - 4pm Dinner 4:30pm - 6pm

<b>BREAKFAST Available Daily:</b> Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries
<b>LUNCH Available Daily:</b> Hamburgers, Cheeseburgers, Fries, Onion Rings, Pizza, Chicken Sandwich, CTO, Hot Bar, Deli, Salad Bar, MYO Waffles & Pancakes, Ice Cream
<b>DINNER Available Daily:</b> Hamburgers, Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Pizza, CTO, Hot Bar, Deli, Salad Bar, Ice Cream

### BREAKFAST

### LUNCH

### DINNER

<b>MONDAY – 12/2</b> <b>OMELETS TO ORDER</b> Egg & Cheese on an English Muffin	<b>SOUP:</b> New England Clam Chowder <b>ENTRÉE:</b> Hot Honey Chicken <b>STARCH &amp; VEGETABLE:</b> Mac & Cheese / Bermuda Blend Vegetables <b>SALAD:</b> Kale Salad with sunflower seeds & mandarin oranges <b>COOK'S CORNER:</b> Philly Cheesesteak Bar w/Fire Roasted Peppers & Onions <b>ALLERGEN:</b> GF Hot Honey Chicken on GF Roll / GF Mac & Cheese / Bermuda Blend Veg <b>PIZZA:</b> Veggie Lovers Pizza <b>DESSERT:</b> Mixed Berry Trifle	<b>SOUP:</b> New England Clam Chowder <b>ENTRÉE:</b> Meatballs & Marinara Sauce <b>STARCH &amp; VEGETABLE:</b> Garlic Toast / Sauteed Zucchini, Grape tomato, Red Onion & Garlic <b>SALAD:</b> Kale Salad with sunflower seeds & mandarin oranges <b>COOK'S CORNER:</b> Philly Cheesesteak Bar w/Fire Roasted Peppers & Onions <b>ALLERGEN:</b> GF Meatballs & Marinara Sauce / GF Penne/Sauteed Zucchini, Grape Tomatoes, Red Onion & Garlic <b>PIZZA:</b> Veggie Lovers Pizza <b>DESSERT:</b> Strawberry Eclairs
<b>TUESDAY – 12/3</b> <b>OMELETS TO ORDER</b> Western Egg Wraps	<b>SOUP:</b> Chicken Noodle Soup <b>ENTRÉE:</b> Beef & Broccoli <b>STARCH &amp; VEGETABLE:</b> White Rice / Garlic Green Beans <b>SALAD:</b> Cheese Tortellini Pasta Salad <b>COOK'S CORNER:</b> Mexican Crunch Wrap with Toppings <b>DELI:</b> Burrito Bar with Toppings <b>ALLERGEN:</b> GF Beef & Broccoli / White Rice / Sauteed Green Beans <b>PIZZA:</b> Chicken Bacon Ranch Pizza <b>DESSERT:</b> Apple Pie	<b>SOUP:</b> Chicken Noodle Soup <b>ENTRÉE :</b> Italian Breaded Chicken Breast with Spinach, Bacon & Asiago Cheese Sauce <b>STARCH &amp; VEGETABLE:</b> Cous Cous / Grilled Vegetable Blend <b>SALAD:</b> Cheese Tortellini Pasta Salad <b>COOK'S CORNER:</b> Mexican Crunch Wrap with Toppings <b>DELI:</b> Burrito Bar with Toppings <b>ALLERGEN:</b> GF Italian Breaded Chicken Breast / GF Rotini Past /Grilled Vegetable Blend <b>PIZZA:</b> Chicken Bacon Ranch Pizza <b>DESSERT:</b> French Silk Cream Pie & Cookies & Cream Pie
<b>WEDNESDAY-12/4</b> <b>OMELETS TO ORDER</b> Egg & Cheese on a Bagel <b>HOLIDAY DINNER 🍷</b>	<b>SOUP:</b> Broccoli Cheddar Soup <b>ENTRÉE:</b> General Tso's Chicken <b>STARCH/VEGETABLE:</b> Jasmine Rice / Broccoli <b>SALAD:</b> Curry Chicken Salad with Apples <b>COOK'S CORNER:</b> Pasta Action with choice of Chicken, Shrimp, Sausage & Veggies <b>ALLERGEN:</b> GF General Tso's Chicken / Jasmine Rice / Steamed Broccoli <b>PIZZA:</b> Garlic Knots <b>PASTA STATION:</b> Baked Manicotti w/ Marinara Sauce & Melted Mozzarella Cheese <b>DESSERT:</b> Turtle Pecan Cookies	<b>SOUP:</b> Broccoli Cheddar Soup <b>ENTRÉE :</b> Roasted Beef Strip Loin w/ Caramelized Onion Beef Gravy (GF) / Seared Salmon with Honey Garlic Sauce / Stuffed Shells Neapolitan <b>STARCH &amp; VEGETABLE:</b> Mashed Potatoes & Rolls / Roasted Asparagus <b>ALLERGEN:</b> Holiday Dinner Stations with Gluten Free options <b>PIZZA:</b> Garlic Knots <b>DESSERT:</b> Chocolate Flourless Torte, Cheesecake with assorted fruit toppins, Chocolate Mousse Layer Cake, Salted Caramel Crunch Cake, Assorted Dessert Bars, Sfogliatelle (pastry with filling) & Candy
<b>THURSDAY – 12/5</b> <b>OMELETS TO ORDER</b> Broccoli, Cheddar & Egg Strudel	<b>SOUP:</b> Italian Chicken Tortellini Soup <b>ENTRÉE:</b> Chicken Cordon Bleu – Golden Breaded Chicken Breast topped w/Ham & Melted Swiss Cheese with Honey Mustard Glaze <b>STARCH &amp; VEGETABLE:</b> Whole Roasted Baby Red Potatoes / Prince Edward Blend <b>SALAD:</b> Apple Pecan Salad <b>COOK'S CORNER:</b> Ramen Noodle Bowl - Chicken, Veggies or Pork & Toppings <b>DELI:</b> Burrito Bar with Toppings <b>ALLERGEN:</b> Sauteed Chicken Breast w/ Ham & Swiss cheese/ Roasted Red Potatoes / Prince Edward Blend Vegetables <b>PIZZA:</b> Garlic Tomato & Spinach Pizza <b>DESSERT:</b> Snickerdoodle Cookies	<b>SOUP:</b> Italian Chicken Tortellini Soup <b>ENTRÉE:</b> Cajun Seared Catfish w/ Remoulade Sauce & Lemon Wedge <b>STARCH &amp; VEGETABLE:</b> Corn Muffins / Sauteed Spinach <b>SALAD:</b> Apple Pecan Salad <b>COOK'S CORNER:</b> Ramen Noodle Bowl with Choice of Chicken, Veggies or Pork & Toppings <b>DELI:</b> Burrito Bar with Toppings <b>ALLERGEN:</b> GF Curry Vegetables & Grilled Chicken / Basmati Rice <b>PIZZA:</b> Garlic Tomato & Spinach Pizza <b>DESSERT:</b> Boston Cream Pie
<b>FRIDAY – 12/6</b> <b>OMELETS TO ORDER</b> Egg & Cheese on a Biscuit	<b>SOUP:</b> Beef Vegetable Soup <b>ENTRÉE:</b> Grilled Jerk Chicken 1/8's w/ Honey Glaze (GF) <b>STARCH &amp; VEGETABLE:</b> Parsley Buttered Potatoes / Normandy blend vegetables <b>SALAD:</b> Italian Style Rice Salad <b>COOK'S CORNER:</b> Roasted or Fried Chicken Wrap with Toppings <b>DELI:</b> Burrito Bar with Choices of Toppings <b>ALLERGEN:</b> GF jerk Chicken / Parsley Buttered Potatoes / Normandy Blend Vegetables <b>PIZZA:</b> 4 Cheese Pizza <b>DESSERT:</b> Brownies	<b>SOUP:</b> Beef Vegetable Soup <b>ENTRÉE:</b> Glazed Beef Brisket <b>STARCH &amp; VEGETABLE:</b> Herb Roasted Potatoes / Garden Blend Veggies <b>SALAD:</b> Italian Style Rice Salad <b>COOK'S CORNER:</b> Roasted or Fried Chicken Wrap with Toppings <b>DELI:</b> Burrito Bar with Choices of Toppings <b>ALLERGEN:</b> GF Glazed Beef Brisket / Herb Roasted Potatoes / Garden Blend Veggies <b>PIZZA:</b> 4 Cheese Pizza <b>DESSERT:</b> Peanut Butter Pie
<b>SATURDAY – 12/7</b> <b>Continental Breakfast</b> <b>Omelets (CTO)</b>	<b>SOUP:</b> Soup Du Jour <b>ENTRÉE:</b> Apple Cinnamon Breakfast Bake <b>COOK'S CORNER:</b> Omelets <b>ALLERGEN:</b> GF Sandwich Bar <b>HOT CERAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Assorted Pastries, Muffins & Donuts	<b>SOUP:</b> Soup Du Jour <b>ENTRÉE:</b> Carved Roast Beef w/ Beef Gravy <b>STARCH &amp; VEGETABLE:</b> Steamed Potatoes / Sauteed Vegetable Blend <b>COOK'S CORNER:</b> Closed <b>ALLERGEN:</b> Carved Roast Beef w/ GF Beef Gravy / Steamed Potatoes <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Ice Cream Novelties
<b>SUNDAY – 12/8</b> <b>Continental Breakfast</b> <b>Omelets (CTO)</b>	<b>SOUP:</b> Soup Du Jour <b>ENTRÉE:</b> French Toast <b>COOK'S CORNER:</b> Omelets <b>ALLERGEN:</b> GF Sandwich Bar <b>HOT CERAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Assorted Pastries, Muffins & Donuts	<b>SOUP:</b> Soup Du Jour <b>ENTRÉE:</b> Fried Chicken Bowl –boneless breaded Chicken served with Chicken Gravy <b>STARCH &amp; VEGETABLE:</b> Mashed Potatoes / Corn <b>COOK'S CORNER:</b> Closed <b>ALLERGEN:</b> GF Chicken Bowl – GF boneless breaded Chicken w/ GF Chicken Gravy, Mashed Potatoes and Corn <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Ice Cream Novelties