

CHAMPLIN WEEKLY MENU

Week of Sept 23 – 29

****Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday**

****Pasta served with 2 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays**

BREAKFAST Available Daily:

Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries

LUNCH Available Daily:

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar,, & Ice Cream,

DINNER Available Daily:

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, Ice Cream

BREAKFAST

LUNCH

DINNER

<p>MONDAY – 9/23 OMELETS TO ORDER Waffle Sandwich w/Egg & Sausage</p>	<p>SOUP: Chicken Noodle ENTRÉE-HISPANIC HERITAGE MENU: Dominican Style Pork Carnitas w/ Toppings & Tortillas on the side STARCH & VEGETABLE: Peas & Rice / Sauteed Vegetable Blend SALAD: Broccoli Bacon Salad COOK'S CORNER: Chicken Flauta – Flour tortilla filled w/ Chicken & Toppings ALLERGEN: Dominican Style Pork Carnitas w/ Toppings & Tortillas / Peas & Rice /Veg PIZZA: Buffalo Chicken Pizza DESSERT: Tres Leches Cake</p>	<p>SOUP: Chicken Noodle ENTRÉE: Panko Crusted Chicken Breast on Broccoli Cheddar Sauce STARCH & VEGETABLE: Roasted Red Potatoes / Bermuda Blend Veggies SALAD: Broccoli Bacon Salad COOK'S CORNER: Chicken Flauta – Flour tortilla filled w/ Chicken & Toppings ALLERGEN: GF Panko Crusted Chicken Breast on GF Broccoli Cheddar Sauce / Roasted Red Potatoes/ Sauteed Spinach PIZZA: Buffalo Chicken Pizza DESSERT: Pumpkin Pie</p>
<p>TUESDAY 9/24 OMELETS TO ORDER Apple Oat Strudel Puffs</p>	<p>SOUP: Tuscan White Bean Soup ENTRÉE: Sweet & Spicy Asian Garlic Chicken STARCH & VEGETABLE: White Rice / Bok Choy, Peppers, Onions, Baby Corn & Garlic Oil SALAD: Mexican Chopped Salad COOK'S CORNER: Omelet Extension DELI: BURRITO BAR! ALLERGEN: GF Sweet & Spicy Asian Garlic Chicken w/ White Rice / Veg Blend PIZZA: 4 Cheese Pizza DESSERT: M & M Cookies</p>	<p>SOUP: Tuscan White Bean Soup ENTRÉE: Baked Cod w/ a Garlic Parmesan Crust STARCH & VEGETABLE: Confetti Cous Cous / Sauteed Spinach SALAD: Mexican Chopped Salad COOK'S CORNER: Omelet Extension DELI: BURRITO BAR! ALLERGEN: GF Chicken and Broccoli Alfredo PIZZA: 4 Cheese Pizza DESSERT: Cheesecake w/Strawberry & Blueberry Topping</p>
<p>WEDNESDAY – 9/25 OMELETS TO ORDER Egg & Cheese on Kaiser Roll</p>	<p>SOUP: Homemade Cream of Mushroom Soup ENTRÉE: Asian BBQ Pork STARCH & VEGETABLE: Veggie Spring Rolls / Steamed Broccoli SALAD: Orange Cream Salad COOK'S CORNER: Pasta Action with choice of Chicken, Shrimp & Veggies ALLERGEN: Grilled Pork Chops / Steamed Potatoes /Steamed Broccoli PIZZA: Garlic Knots & Stuffed Shells DESSERT: Cannoli</p>	<p>SOUP: Homemade Cream of Mushroom Soup ENTRÉE: Roasted London Broil w/ GF Beef Gravy STARCH & VEGETABLE: Mashed Potatoes / Corn SALAD: Orange Cream Salad COOK'S CORNER: Pasta Action with choice of Chicken, Shrimp & Veggies ALLERGEN: Carved, Roasted London Broil w/ GF Beef Gravy /Mashed Potatoes / Corn PIZZA: Garlic Knots & Stuffed Shells DESSERT: Boston Cream Pie</p>
<p>THURSDAY – 9/26 OMELETS TO ORDER Egg & Cheese on an English Muffin</p>	<p>SOUP: White Chicken Chili ENTRÉE: Chicken Souvlaki with Shredded Lettuce, Diced Tomatoes, Red Onion, Tzatziki Sauce & Pita Bread STARCH & VEGETABLE: Lemon Dill Rice / California Blend Veggies SALAD: Hummus w/ Pita Points COOK'S CORNER: Roasted or Fried Chicken Wraps with toppings DELI: BURRITO BAR ALLERGEN: GF Chicken Souvlaki with Shredded Lettuce, Diced Tomatoes, Red Onion, Tzatziki Sauce & GF Flat Bread / Lemon Dill Rice & Bermuda Blend Veggies PIZZA: Roasted Garlic, Ricotta, Spinach & Grilled Chicken Pizza DESSERT: White Chip Macadamia Nut Cookie</p>	<p>SOUP: White Chicken Chili ENTRÉE: Pan Roasted Sausage w/ Onions & Peppers with Basket of Hoagie Rolls STARCH & VEGETABLE: Parsley Buttered Potatoes / Sauteed Green Beans, Peppers, Yellow Squash, Onion & Garlic SALAD: Hummus w/ Pita Points COOK'S CORNER: Roasted or Fried Chicken Wraps DELI: BURRITO BAR ALLERGEN: Pan Roasted Sausage w/ Onions & Peppers on GF Roll w/ Sauce & Mozzarella, Steamed Potatoes & Vegetable Blend PIZZA: Roasted Garlic, Ricotta, Spinach & Grilled Chicken Pizza DESSERT: Apple Pie</p>
<p>FRIDAY – 9/27 OMELETS TO ORDER Breakfast Burrito</p>	<p>SOUP: Cheeseburger Chowder ENTRÉE: Blackened Chicken topped w/Pepperjack Cheese STARCH & VEGETABLE: Cornbread Casserole / Steamed 5-way Veg Blend SALAD: Macaroni Salad COOK'S CORNER: Thai Curry Bowl with choice of Chicken, Shrimp or Veggies DELI: Burrito Bar with Toppings ALLERGEN: Blackened Chicken topped w/Pepperjack Cheese / White Rice / 5-way Veggies PIZZA: Meat Lovers Pizza DESSERT: Ginger Cookies</p>	<p>SOUP: Cheeseburger Chowder ENTRÉE: Sliced Roast Beef w/ Au Jus STARCH & VEGETABLE: Baby Baked Potatoes / Green Beans SALAD: Macaroni Salad COOK'S CORNER: Thai Curry Bowl with choice of Chicken, Shrimp or Veggies DELI: Burrito Bar with Toppings ALLERGEN: Sliced Roast Beef w/ GF Beef Au Jus / Baby Baked Potatoes / Green Beans PIZZA: Meat Lovers Pizza DESSERT: Chocolate Mousse Pie</p>
<p>SATURDAY – 9/28 Continental Breakfast Omelets (CTO) 9:30am-11:00am</p>	<p>SOUP: Soup Du Jour ENTRÉE: French Toast / Breakfast plus Hot Cereal COOK'S CORNER: Omelets ALLERGEN: GF Sandwich Bar PIZZA: Assorted Pizza DESSERT: Assorted Pastries, Muffins & Donuts</p>	<p>SOUP: Soup Du Jour ENTRÉE: Chicken Parmesan STARCH & VEGETABLE: Cheese Filled Bread Sticks / Roasted Asparagus COOK'S CORNER: Closed ALLERGEN: GF Chicken Parmesan / GF Pasta & Marinara Sauce / Roasted Asparagus PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties</p>
<p>SUNDAY – 9/29 Continental Breakfast Omelets (CTO) 9:30am-11:00am</p>	<p>SOUP: Soup Du Jour ENTRÉE: Sausage Gravy & Biscuits / Breakfast plus Hot Cereal COOK'S CORNER: Omelets ALLERGEN: GF Sandwich Bar PIZZA: Assorted Pizzas DESSERT: Assorted Pastries, Muffins & Donuts</p>	<p>SOUP: Soup Du Jour ENTRÉE: Teriyaki Beef STARCH & VEGETABLE: Jasmine Rice / Garlic Ginger Stir Fried Vegetables COOK'S CORNER: Closed ALLERGEN: GF Teriyaki Beef / Jasmine Rice / Garlic Ginger Stir Fried Vegetables PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties</p>