

CHAMPLIN WEEKLY MENU

Week of April 6 - 12

****Chicken Sandwich, Hamburgers & Cheeseburgers, Macaroni & Cheese: Everyday**

****Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays**

*** Visit our NEW Healthy Choice Station Monday-Friday, Located to the Left of the Pizza Station**

*** As of 4/1 the Deli will be Closed. Look for the Sandwich of the Day on the Salad Bar. Burrito Bar will be on Tuesday, Thursday and Friday at the Deli Station.**

~ Menu subject to change due to availability ~

Monday - Friday: Breakfast 7am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 7pm
Saturday - Sunday: Breakfast 9:30am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 6pm

BREAKFAST Available Daily: Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries
LUNCH Available Daily: Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream
DINNER Available Daily: Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

BREAKFAST

LUNCH

DINNER

<p>MONDAY – 4/6 OMELETS TO ORDER Egg & Cheese on a Croissant</p>	<p>SOUP: Turkey Rice Soup ENTRÉE: Chicken Jambalaya STARCH & VEGETABLE: Buttermilk Biscuits w/Honey Butter / Monte Carlo Veggies SALAD: Creamy Cucumber Salad SANDWICH: Meatball Parm Sub COOK’S CORNER: Build Your Own Burger Bar ALLERGEN: GF Chicken Jambalaya & Monte Carlo Blend Veggies HEALTHY CHOICE: Flavored Hummus & Veggies PIZZA: BBQ Chicken Pizza DESSERT: Magic Cookie Bars</p>	<p>SOUP: Turkey Rice Soup ENTRÉE: Bratwurst (GF) with Sauerkraut STARCH & VEGETABLE: Potato Pancakes w/Sour Cream & Apple Sauce / Buttered Corn SALAD: Creamy Cucumber Salad SANDWICH: Meatball Parm Sub COOK’S CORNER: Build Your Own Burger Bar ALLERGEN: Bratwurst (GF), GF Chips & Buttered Corn HEALTHY CHOICE: Flavored Hummus & Veggies PIZZA: BBQ Chicken Pizza DESSERT: Chocolate Cream Pie</p>
<p>TUESDAY – 4/7 OMELETS TO ORDER Birds Nest</p>	<p>SOUP: French Onion Soup & Split Pea w/Ham Soup ENTRÉE: Seared Salmon w/Wasabi Ponzu Sauce (GF) STARCH & VEGETABLE: Cous Cous / Broccoli & Yellow Squash w/Ginger Butter SALAD: Pasta Salad SANDWICH: Caprese Sandwich on Baguette w/Mozz, Tomato, Basil, Balsamic & Garlic Oil COOK’S CORNER: Peanut Butter & Jelly Bar DELI: BURRITO BAR! ALLERGEN: GF Seared Chicken w/GF Wasabi Ponzu Sauce, White Rice & Sauteed Yellow Squash & Broccoli w/Ginger Butter HEALTHY CHOICE: Turkey Burgers w/Caramelized Onion Jam PIZZA: Broccoli White Pizza DESSERT: Snickerdoodle Cookies</p>	<p>SOUP: French Onion Soup & Split Pea w/Ham Soup ENTRÉE: Creamy Tuscan Chicken (GF) STARCH & VEGETABLE: Egg Noodles / Sauteed Mixed Veggies SALAD: Pasta Salad SANDWICH: Caprese Sandwich on Baguette w/Mozzarella, Tomatoes, Basil, Balsamic Glaze & Garlic Oil COOK’S CORNER: Peanut Butter & Jelly Bar DELI: BURRITO BAR! ALLERGEN: GF Creamy Tuscan Chicken, GF Rotini & Sauteed Mixed Veggies HEALTHY CHOICE: Turkey Burgers w/Caramelized Onion Jam PIZZA: Broccoli White Pizza DESSERT: Limencello Cake</p>
<p>WEDNESDAY – 4/8 OMELETS TO ORDER Breakfast Pizza</p>	<p>SOUP: Thai Chicken Noodle Soup ENTRÉE: Orange Chicken (GF) STARCH & VEGETABLE: Jasmine Rice / Chateau Blend Veggies SALAD: Pineapple Cottage Cheese SANDWICH: Assorted Deli Meat & Cheese Platter & Roast Beef Sandwich COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Chicken Teriyaki, Jasmine Rice & Steamed Broccoli HEALTHY CHOICE: Stuffed Peppers w/Chicken, Rice, Spinach & Sun-Dried Tomatoes PIZZA: Cheese Tortellini w/Marinara & Asiago Cheese DESSERT: Cream Puffs</p>	<p>SOUP: Thai Chicken Noodle Soup ENTRÉE: BBQ Pork Ribs (GF) STARCH & VEGETABLE: Buttered Corn Muffins / California Blend Veggies SALAD: Pineapple Cottage Cheese SANDWICH: Assorted Deli Meat & Cheese Platter & Roast Beef Sandwich COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Grilled Pork Chops w/Dijon Herb Marinade, Steamed Potatoes & Monte Carlo Blend Veggies HEALTHY CHOICE: Stuffed Peppers w/Chicken, Rice, Spinach & Sun-Dried Tomatoes PIZZA: Cheese Tortellini w/Marinara & Asiago Cheese DESSERT: Cupcakes</p>

BREAKFAST	LUNCH	DINNER
<p>THURSDAY – 4/9 OMELETS TO ORDER French Toast Sticks</p>	<p>SOUP: Broccoli Cheddar Soup ENTRÉE: Pepper Steak STARCH & VEGETABLE: White Rice / Garlic Green Beans SALAD: Sealeg Salad SANDWICH: Veggie & Hummus Wrap COOK’S CORNER: Stir Fry Bar ALLERGEN: GF Pepper Steak, White Rice & Garlic Green Beans HEALTHY CHOICE: Flaked Salmon Salad PIZZA: Chicken Parm Pizza DESSERT: Dessert Bars</p>	<p>SOUP: Broccoli Cheddar Soup ENTRÉE: Roasted Sliced Turkey Breast w/Turkey Gravy (GF) STARCH & VEGETABLE: Mashed Potatoes / Steamed Mixed Veggies SALAD: Sealeg Salad SANDWICH: Veggie & Hummus Wrap COOK’S CORNER: Stir Fry Bar ALLERGEN: Roasted Sliced Turkey Breast w/GF Turkey Gravy Mashed Potatoes & Steamed Mixed Veggies HEALTHY CHOICE: Cheesy Herb Stuffed Peppers PIZZA: Chicken Parm Pizza DESSERT: Tiramisu</p>
<p>FRIDAY – 4/10 OMELETS TO ORDER Egg & Cheese on a Bagel</p>	<p>SOUP: Chicken Noodle Soup ENTRÉE: Thai Curry Chicken & Vegetables STARCH & VEGETABLE: Basmati Rice / Steamed Broccoli SALAD: DuJour SANDWICH: Egg Salad Sandwich on Kaiser Roll w/Lettuce & Tomato COOK’S CORNER: Hot Honey ALLERGEN: GF Thai Curry Chicken & Veggies, Basmati Rice & Steamed Broccoli HEALTHY CHOICE: No Bake Energy Bites PIZZA: French Bread Pizza DESSERT: Sugar Cookies</p>	<p>SOUP: Chicken Noodle Soup ENTRÉE: Sliced Sirloin w/Sauteed Mushrooms STARCH & VEGETABLE: Au Gratin Potatoes (GF) / Roasted Asparagus SALAD: DuJour SANDWICH: Egg Salad Sandwich on Kaiser Roll w/Lettuce & Tomato COOK’S CORNER: Grain, Protein & Veggie Power Bowl ALLERGEN: Sliced Sirloin w/Sauteed Mushrooms & GF Au Gratin Potatoes & Roasted Asparagus HEALTHY CHOICE: No Bake Energy Bites PIZZA: French Bread Pizza DESSERT: Cheesecake w/Toppings</p>
<p>SATURDAY – 4/11 Continental Breakfast Omelets (CTO) 9:30am-11:00am</p>	<p>SOUP : Soup Du Jour ENTRÉE : Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Egg & Cheese on a Kaiser Roll (11:00-2:00) COOK’S CORNER : Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizza DESSERT: Assorted Pastries & Donuts</p>	<p>SOUP: Soup Du Jour ENTRÉE: Chicken Fajitas w/Peppers & Onions STARCH & VEGETABLE: Red Beans & Rice / Jalapeño Corn COOK’S CORNER: Closed ALLERGEN: GF Chicken Fajitas w/Peppers & Onions, Red Beans & Rice & Jalapeño Corn PIZZA: Assorted Pizza DESSERT: Sundae Bar</p>
<p>SUNDAY – 4/12 Continental Breakfast Omelets (CTO) 9:30am-11:00am</p>	<p>SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Bacon, Egg, Potato & Cheddar Cheese Casserole (11:00-2:00) COOK’S CORNER : Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizzas DESSERT: Assorted Pastries & Donuts</p>	<p>SOUP: Soup Du Jour ENTRÉE: Roasted Sliced Pork Loin STARCH & VEGETABLE: Parmesan Roasted Potatoes / Glazed Baby Carrots COOK’S CORNER: Closed ALLERGEN: Roasted Sliced Pork Loin, Parmesan Roasted Potatoes & Glazed Baby Carrots PIZZA: Assorted Pizza DESSERT: Sundae Bar</p>