

Estimated Cost
\$4000- \$4500

per participant
(includes estimated travel,
lodging, most meals)

\$500 deposit due upon acceptance
(rolling admission)

Application Deadline
Sept 1st

DON'T DELAY! SPACE IS LIMITED!



SPRING 2026

Psychology of Resilience **COSTA RICA**

Travel Dates March 7th – 14th

Spring 2026 Course PSYC 310 - 3 Academic Credits

Visit: San Jose and La Fortuna

Trip Highlights: Experience Costa Rican cultural values training and tour the city of San Jose visiting the UN Refugee Agency of Costa Rica, Fundación Sifais and Fundación Rehab to learn about empowering survivors of human trafficking. Enjoy a tour of Café Brit to learn about coffee production. In La Fortuna visit the La Fortuna Waterfall and participate in a Costa Rican cooking class. Experience a guided hike and tour of Arenal Volcano to view the unique geology and diverse wildlife. Learn about how culture can impact thinking, emotion and behavior and ultimately psychological resilience.

Participating Faculty: Dr. Amy Corbett, Dr. Christina Poor

For More Information & To Apply

internationaleducation@cobleskill.edu

518.255.5556 • Library 112

COMPLETE INTEREST FORM
HERE



Program costs, including those advertised here, are subject to change without notice due to factors beyond SUNY Cobleskill's control, including changes in exchange rates and airfares.

SUNY **Cobleskill**
International Education